

LONGEVITY PANEL

Know what is included before you buy. One panel, with the same tests for everyone.

HEART & METABOLIC HEALTH

- Apolipoprotein B (ApoB)
- Lipoprotein(a)
- Lipid panel
- Hemoglobin A1c
- Homocysteine

LIVER & KIDNEY HEALTH

- Albumin
- Alkaline Phosphatase (ALP)
- ALT
- Cystatin C

NUTRIENTS & INFLAMMATION

- Ferritin
- Vitamin D, 25-OH
- Vitamin B12
- High-Sensitivity CRP

THYROID & HORMONES

- TSH
- Free T3
- Total Testosterone
- SHBG

CALCULATED RESULTS

Derived from other blood results, without additional sample volume.

Calculated Free Testosterone

TG/HDL ratio

Calculated LDL

Explore what each test measures
valdura.health/what-we-test

Panel contents confirmed September 23, 2026.

